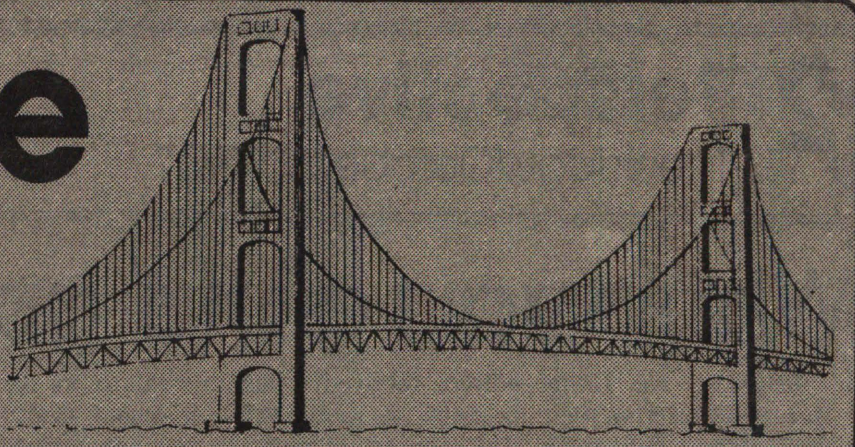


The Bridge

West Chicago Community High School
326 Joliet St. West Chicago, IL. 60185
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October 9, 1987



Steiner schools answer for creative students

by Marya Sosulski

Some people think that We-Go puts too much emphasis on sports or academics. They complain that not enough is done for students interested in the arts like music, drama, painting, and drawing. If you feel the same way, have I got the school for you!

Rudolf-Steiner schools are based on the philosophy of Rudolf Steiner, who theorized that environment is the sole determinant of a child's development, beginning in the womb.

According to Steiner, man's nature consists of four elements: the Physical Body (the first to be influenced, at the time of birth), the Life Body (which emerges at approximately seven years, when the permanent teeth develop), the Astral Body (the five senses, which develop with puberty), and the Body of the Ego (which comes with education). We'll only look at the Body of the Ego and Steiner's theories of education.

To begin with, Steiner focused on the education of kids with behavior problems. He thought that an excitable child should be treated with a different environment than should a quiet child. For instance, the color of the room or the kinds of objects around a child affect him, as well as the color of the clothes he wears.

An excitable child, according to Steiner, should wear red or yellow, while a quiet child thrives on blue and green. The organs in a child's body determine to some extent whether he is a red child or a blue child. The organs create "inwardly" the complementary color of the color they see (red/green), and thus have a tendency toward "normal" behavior: an excited child will be calm, and a quiet child will be less lethargic.

The design of Steiner school buildings are based on this idea. The rooms are red or green depending on the type of class that will be held there.

Because a child with behavioral disorders has a perspective that is somewhat "off-center", stairways wind around objects, and windows are at strange angles. Often there is a garden or park on the campus.

Steiner believed in creative learning through self-interest. The curriculum of Steiner schools reflects his theory; it contains not only math, science, and languages, but a major emphasis on music, painting, drawing, theater, and eurythmics, an art of movement to speech and music. These are basic classes, not extracurricular activities, and in some schools the required credits are based on them.

Annalies—A former student of a Dutch Steiner school, explains what it's like: There are only twelve Steiner schools in Holland now. Annalies said that her school looks like a regular school, but the subjects are not the same. She has two subjects per month, on a bi-weekly schedule. The students don't use textbooks at all; they get all information from lectures and activities. Annalies's school also has no principal, only a school board.

While the curriculum sounds great, Annalies sometimes had to go to school until 5 p.m.; other days her classes were dismissed at 3 p.m. or noon.

The school year starts in early September and ends at the end of July, and the graduating students are usually 18 years old. After graduation, students go to a university like other students.

Annalies has transferred to a regular high school and goes to school with kids who have always gone to traditional schools. She likes the Steiner schools better because she says that in the Steiner schools the students learn for themselves by listening and doing. These students are more independent, and the school is more interesting.

Steiner once said that the only way to learn is to look at learning from a child's perspective; therefore a person always has everything yet to learn, and he should always try to learn everything.

You are the jury

by Brenda Shockey

Bjorn Faulkner is dead and Karen Andre has been accused of his murder. Is his lover guilty or innocent? The jury (chosen randomly from the audience) must decide after listening to the case. This bizarre courtroom drama, "The Night of January 16," will be performed as the W.C.C.H.S. Fall Play.

The play can be seen in Weyrauch Auditorium at 7:30 each night beginning Thursday, Oct. 29 through Saturday, Oct. 31. All seating will be reserved, so watch for ticket information.

The lead roles are played by Mike Stajduhar (Defense Attorney Flint) and Nicole Yoder (District Attorney). Kara Nelson plays Karen Andre and the twelve jury members, chosen each night, determine the ending of the play.

Teachers fail basic certification exams

by Marya Sosulski

According to information from Youth News Service in Washington, D.C., at the same time that three-quarters of Americans surveyed give public school teachers a satisfactory rating, a newly released Education Department report shows that 17 percent of prospective public school teachers fail basic certification examinations.

The Department of Education's report, "What's Happening in Teacher Testing," examined the results of teacher certification tests currently required for those applying for classroom jobs in 26 states. The purpose of these tests is to insure that teachers are literate and possess minimal math and writing skills. They do not require that applicants show advanced levels of intellectual competence, according to the report.

"Given that the tests are not difficult and that the passing scores appear to be relatively low, one would expect virtually everyone to pass teacher certification examinations. Yet this is not the case," says the report.

The study notes that in ten states that use the National Teacher Examinations, applicants had only to answer an average of 44 of 107 questions correctly in order to pass.

Certification tests "do not test actual teaching ability," but rather the "knowledge and skills believed to be prerequisites to teaching... (the tests) do not evaluate many important human qualities such as dedication, caring, perseverance, sensitivity, and integrity, and they cannot guarantee that an individual who passes will become a good teacher," the report says.

National Education Association (NEA) spokesman Larry Rubin said NEA supports "a formal evaluation in every school district...to ensure that all who continue to teach are competent." He said the NEA calls for such tests to developed cooperatively between educational administrators

and teachers. Tests, he said, should take into account teaching experience, include regular written evaluations of classroom performance, and allow teachers to go on record with written responses to their evaluations.

Eighteen of the 24 states which do not test prospective teachers now are planning to begin doing so within the next two years. Arkansas, Georgia, and Texas are the only states requiring tests of veteran teachers.

Despite the high failure rate on certification examinations, the public generally thinks teachers are doing a good job. "The 19th annual Gallup Poll of the Public's Attitude the Public Schools," released August 27, showed that 74 percent of all respondents gave teachers a rating of "C" or above for the quality of their work.

Are you feeling the need to talk to someone who will actually listen and help you with your problems? Our social worker, Ronald Dow, is available to you at any time.

Dow received his bachelor's degree in social work at the University of Wisconsin in Eau Claire. He then went on to get his master's degree at the University of Wisconsin in Madison. His past credentials include Youth and Family counseling at Dekalb for two years, juvenile court, group homes for teens, and the Youth Crisis Line for two years also.

Dow is working at West Chicago to help everyone, not only the students with more severe problems such as: depression, alcohol or drug abuse, and kids feeling suicidal. Dow is willing to talk to anyone who wants to talk to him.

How can Dow help once a student comes to him? For most problems, Dow is there to listen. He is someone students

No cure for diabetes

by Dana Netzel

Diabetes ranks as a leading cause of death in United States. Approximately ten million Americans have diabetes, but only half of them realize it.

Diabetes is a physical problem that is caused by not having enough sugar in the cells. It is a disease that is inherited or caused by being overweight. It can be fatal.

The cells of the body use glucose, which is a sugar that the body produces. It is manufactured from food that is taken into the body. Glucose can't enter a cell without insulin, which is a hormone that comes from the pancreas.

The school nurse, Carol Pinney, explained it as the cell being locked and insulin the key to unlock it. The insulin must unlock the cell to the glucose so energy can be obtained. If the pancreas isn't making enough insulin, the diabetic must take some to "unlock" the cells and

let the glucose in.

There are a few ways to stabilize a diabetic and these ways include giving them insulin and a good diet to follow. The diet should consist of a great variety of food, but in small quantities.

There are no cures for diabetes, but there are some ideas. A mechanical pancreas can be implanted with a device to control the release of too much insulin.

Beta cell transplants are another idea. Beta cells produce insulin, so if they were replaced, the diabetic would no longer need to inject himself with insulin.

Diabetes can be fatal if the diabetic doesn't get enough insulin to let glucose in the cell, and the cell can die. If this occurs, less oxygen travels through the arteries and, eventually, the diabetic could go into a coma and the heart can stop.

Therefore, diabetes should be treated and watched carefully. For more information write to: Juvenile Diabetes, 60 Madison Avenue, New York, New York 10010.

Do you want to talk?

by Sara Langellier

can talk to and not have to "worry about what they say being spread around."

Dow is willing to help if he can, but he won't "pretend to know the answers if I don't." In cases such as these, Dow will refer the student to an outside agency that can help.

Dow considers crisis intervention a major part of his job. A crisis occurs almost everyday, whether it has to do with a girl finding out she's pregnant or a student being kicked out of school.

There will possibly be many types of counseling groups available at West Chicago. These consist of: a divorce group for students whose parents are experiencing divorce, a group for students whose parents are alcoholics or have some type of drinking problem, a group for students who are depressed and having some problems at school, a support/education group for pregnant students, and a group for students having behavioral problems

at school and are receiving numerous detentions and suspensions.

If interested in any group mentioned or if you would like to talk to Dow about anything, go to the guidance office, ask for him or leave a note on his office door or with the secretary.

Inkspots

The Concert Choir from W.C.C.H.S. will perform for the American Choral Directors Association Regional Convention on October 23 from 1:15 p.m. to 1:40 p.m. at the University of Illinois, Champaign, Illinois. They will be accompanied by Dir. Ron Benner, and Barbara Toney, and parent chaperones. The audience will include music teachers from the Mid-west area.

When you gotta go, you gotta go . . .

Recently, *The Bridge* editors received a health column in the *Aurora Beacon* written by Peter H. Gott, M.D., A school health professional wrote to Dr. Gott, concerned about short lunch periods and bathroom privileges.

The school health professional was questioning the possibility of maldigestion and poor eating habits from lunch periods ranging as short as twenty minutes. This person was also concerned with the fact that "Most students have to train themselves not to go to the bathroom for eight to ten hours because there is no time between classes." (Health, *Aurora Beacon*, 9-12-87)

Dr. Gott wrote back, saying that twenty minute lunch periods are inadequate "...and could foster poor eating habits and maldigestion." (A.B., 9-12) He suggested talking with a school authority to extend lunches "...to allow for a more civilized eating period." (A.B., 9-12)

Gott responded to the second concern, stating "I believe that one of the perogatives of adults in a free society is to be able to relieve themselves when necessary." (A.B., 9-12)

We, the editors, decided that this is a legitimate concern in our own school.

In a meeting with Dr. Jones and research through *The School Code of Illinois*, it was found that teachers only get thirty minutes maximum for lunch. There is no set time that students are to take for lunch. Though the school districts set the amount of time students get for lunch. Jones finds that students adjust to the time they are

given to eat; while lunches over thirty minutes tend to leave students idle and create problems.

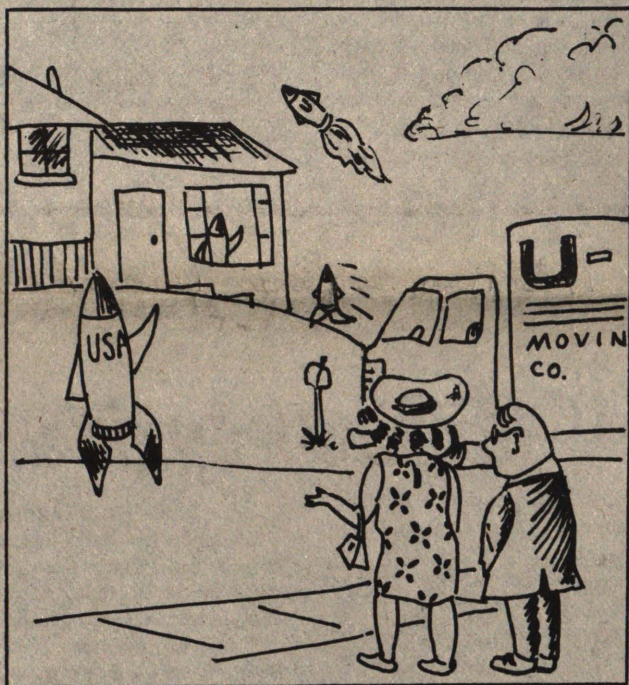
If the lunch period was to be lengthened Jones indicated that the school day would also have to be lengthened. Jones went on to add that *The School Code of Illinois* requires 300 minutes of instruction each day. So shortening class periods are out of the question? (Note: a student with five classes and P.E. receives 330 minutes of instruction in a normal day).

Concerning our bathroom privileges, What about all those conveniently located bathrooms that are locked all the time? Those bathrooms are easy to reach and relief could come in no time. Right now a student has to travel all the way down to the main bathrooms by the cafeteria, ensuring a tardy for your next class. Some teachers do allow bathroom passes to a needy student, While others forbid it, telling the student he/she can wait.

When confronted with this problem, Jones reassured the opening of these bathrooms during passing periods. When asked why the bathrooms were closed in the first place, Jones pointed out all the vandalism that was done during classes. Bathrooms would get locked up to be fixed and never reopen.

Why are lunches so short? Supposedly students can conform to the time allotted. What if you stand in a lunch line? Talk to Dr. Jones. What if you have to relieve yourself? Hey, if you gotta go, you gotta go.

Robin's neighborhood



"There goes the neighborhood."

Does anyone care?

by Kurt Duvall

I don't know just how much you read our paper, but when I got this story, I thought I had maybe seen it before. It seemed to me that we get this story or a similar story every year. Maybe I'm wrong, but I could be right. (Gee, what a revelation in deep thought, ay?) Well, I went about the usual business of taking a poll and all that, and I got what turned out to be some interesting results.

I asked a variety of seniors, juniors, sophomores, and freshman, and even a couple of teachers, some basic questions. I asked first the obvious question: "Do you like our grading system?" As for results, I got these: 50% of the people thought that our system was a good one, 25% thought that it wasn't a good one, and another 25% thought that they didn't think anything about this question. Then I asked another really "burning" question: "Do you like to know how you did in your classes, or would you rather have a pass/fail system?" Well, about 85% liked knowing how they did, and the other 15% didn't care what kind they had. All of the people interviewed thought that a basic-

ally 90-80-70-60 scale was pretty fair. After all of these results, I was confused, but not yet satisfied. I wanted to know if what I was doing in carrying on a tradition in articles was worth it to the readers. I was right, people generally don't care. Only 15% of the people thought that it was worth talking about, 69% thought that it was not relevant, and the last 16% thought they didn't really care at all. Over 50% of the people said they wouldn't read the article at all.

The people I interviewed must have not been in a thinking mood that day because the number of people that didn't care dropped between two fairly similar questions. I'm not sure what that was all about, but I was sure of one thing. An over average number of people didn't find the subject worth the time it takes to write or read this article. Maybe just no one will read this thing and my plea will fall on a deaf audience, but if you think I'm right, please, write a letter to the editor of Perspectives or the paper in general and say it. That way, next year, some poor writer (maybe even me again) won't get the same story I did.

Letters to the editor

Dear Editor,

Well, to begin with, I have a question...last year you ran an article on the new cooks and menus for this year in our cafeteria. It explained how the food for the hot lunches would go from dull to budget gourmet, and more creatively prepared so that it would be more appealing. Well, if I'm not mistaken I am still eating variations of one casserole, and it's all prepared the same (from Beef Noodle, to Pizza casserole, and back again to Johnny Mozetti) what happened?

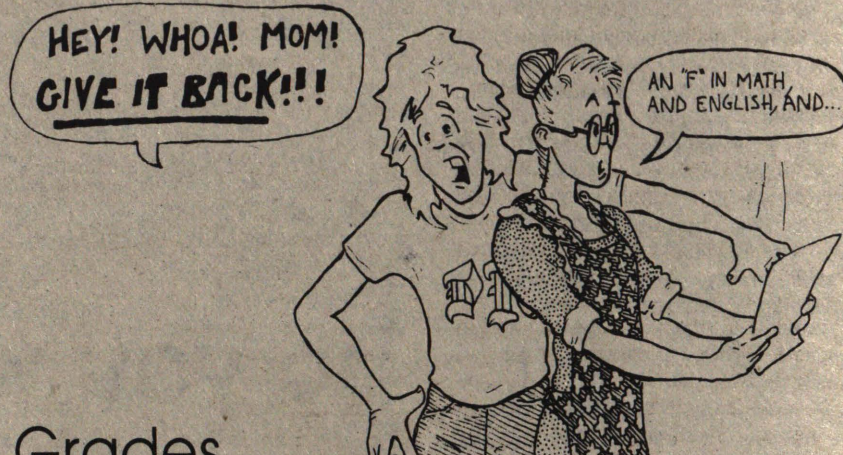
I am also disgusted with the way the meals are being served. Mrs. Engel (cafeteria worker) has hair that is shoulder length, and I've never seen her with a hairnet on...and what happened to the sanitary plastic gloves they used to wear?

The meals are getting skimpy on providing the four food groups and they desptely lack color appeal. For example, one day they served a pizza burger (brown) on a bun (brown), baked beans (brown), pears (whitish) and milk. The only way you could have a color variety was if you picked a 2% or skim milk carton.

Another problem is the silverware! UGH! It's gross! You have to pick your way through all of them until you find one without crust on it. This is getting

ridiculous! I personally would like to see hairless, colorful food. I'm sure a lot of other students would too.

Heather Gray
Class of '88



Grades

When I assigned this story about the grading system, I had expected something different. The writer and I were apparently on different wavelengths. I asked the writer to explore the possibility that our schools set a grading system that was not as effective as it could be.

Instead I received a story with a bunch of "We don't care...." to say the least I was upset with the response the subject received.

I found this subject newsworthy because I felt students are pressured toward grades rather than learning. I had the impression that the whole concept of school was to impart knowledge upon we, the students. Doesn't our future depend on how much we learn in school, how much knowledge we retain? The grading system is supposed to measure the success of the student.

I agree, we need a system that will tell

us how much a student learned and accomplished in class. Yet, there are students who chose not to complete homework, receive low grades, but are extremely intelligent and learn a great deal. Compared with those students who are bogged down with homework, and learn nothing because they complete it mechanically, without thought.

The point of the grading system article was to see how many people thought our system was effective in accomplishing what it is supposed to; to measure the success of our students. Isn't success based on how much you know and understand, not how much busy work you do?

The writer does reveal something concerning the topic. The majority of students don't care how they are judged or how it may affect their future.

Perspective Editor, Jenny Powers

THE BRIDGE

326 Joliet St.
231-0880 ext. 268

Production/In-Depth
Editors..... Julie Pollastrini
Yvonne Schlotzer
Advertising Manager..... Laura McPheters
News Editors Sara Langellier
Marya Sosurski
Perspective Editor Jenny Powers
Features Editor Andy Behrens
Sports Editors Shari Murray
Brenda Shockey
Photo Editor Ismael Rios
Circulation Director Amy Rupp
Adviser Tim Courtney

After ten years, Elvis speaks

by Andy Behrens

In the interest of uncovering the real truth about the life and death of Elvis Presley, I decided to go to the only man who could give me the facts. I'm not talking about some sixty year old former rockabilly star who lives off "Jailhouse Rock" royalties. I'm talking about the King himself. Recently, I conducted a seance with a few of my closest friends. When we finally contacted the next dimension, Mr. Presley had much to say.

Q. Elvis, can you hear me?

A. Yeah baby. Any chicks in the room?

Q. Sorry Elvis, no babes. Would you mind if we asked you a few questions? I'm sure there are some things you want to get off your chest after all this time.

A. Hey, ask me anything. Tonight I'm yours. Where are you boys from?

Q. We're from West Chicago, Elvis, but that's not important. We want to know ...

Ah, yes, West Chicago. That little village that the Iroquois used to call "Funkytown." Every time I came through West Chicago I ...

Q. Elvis, you never came to West Chicago.

A. Didn't I? I thought maybe I woke up there once.

Q. Nope. Elvis, could you tell me a little bit about your childhood?

A. Oh, to be a kid again. Those were the days. Being a kid used to mean fishing for catfish on Saturdays. We'd fill

a cooler full of RC and Moon Pies and head out for a stream somewhere. I used to love to tie a string to a stick, put a hook on it, and twist an earthworm on until worm juice was all over my hands. That was the best! Then, I'd take my shoes off to let my toes blow in the wind. I can't imagine anything more wonderful. From there I could just sit back, relax, and wait for those great catfish.

Q. I can't argue with you there, Elvis. Catfish certainly is a good eating fish.

A. I wouldn't know. We never ate the fish. Just smoked 'em. My Pa used to bring some rolling paper, we'd sprinkle some fish bits in there and then light her up. Boy, you can't beat smokin' fish on a hot day. I smoked a lot of things as a young man. Hair, leather, birds, dirt, shrubs, just about anything. In fact, I always loved to smoke.

Q. I guess every growing boy needs a hobby, don't they? What was school like for a young Elvis Presley? Were you well liked? How were your grades? Did you get into many fights? C'mon, Presley, talk to me.

A. School was great! Kindergarten was my favorite grade. I loved taking naps because I would sneak into the cot of a little girl named Lulubell Bodine. She was hot and, oooh, did she ever want me!

Q. Elvis, she was five years old.

A. But she had the body of an eight

year old.

Q. And that's good?

A. Hell, I was married to a woman with the body of an eight year old! Boy did I ever love her.

Q. Among others?

A. Hey, hey, hey! Who do you think you are? I don't have to take this. One more smart-ass remark and I'm outta here.

Q. Sorry. Just out of curiosity, what do you think of all your old songs being played over and over by country music stations?

A. I think all those cowboy - faggots should play a little more Willie Nelson and a little less of my stuff. I'm the king of **rock 'n roll!** I (expletive) hate cowboys.

Q. Gosh Elvis, feel free to express your emotions. Don't hold yourself back.

A. I'll do my best.

Q. I appreciate that. Say, could you describe for us the events surrounding your untimely death?

A. Well, it was a bizarre harpooning accident that I suffered while whaling off the coast of Maine. Have you ever smoked a big sperm whale? Anyway, I had just spotted about a 200 foot long...

Q. Excuse me Elvis, but you died in Graceland. Of an overdose. On the toilet. With one of your many mistresses in the bedroom. There were no whales, Elvis. No whales, no catfish, not even any plankton.

Only some pills and the bathroom.

A. Is that what the *National Enquirer* said? What are you, some kind of pathetic, ignorant housewife? Do you have an inquiring mind? Y'know, you shouldn't believe everything you read.

Q. It happens to be what the police, hospital, and medical examiner said.

A. Well, they're just a bunch of stupid amateurs. I can't believe my people bought that. What a bunch of mindless freaks!

Q. Alrighty. Elvis, what would you be doing if you were alive today?

A. Most likely cocaine, and probably some heroine. A guy just can't score any good smack down here. It's okay, though. I'm next door to Jimi Hendrix and he keeps throwing wild parties for people in funny clothes. He's tiny, but he frightens me. I'm not panicking, however. I know Kung-Fu. I even wrote a song about it. Would you like to hear it?

Q. Thanks, big guy, I have heard it. Tell me honestly, Mr. Presley, was it a wig or was it a mask?

Unfortunately, after asking that question, we somehow lost contact with Elvis. I'm just thankful for the chance I had to talk with him. He is, after all, a legend.

Anyway, all you crazy Presley - nuts can rest assured that, although the King may be dead, his irrepressible soul lives on.

Today's cartoons mess with minds

by Andy Behrens

Just the other day, while flipping through a *TV Guide*, I realized why so many little kids today act so damn stupid. No, it has nothing to do with getting enough fiber. It's these things that they're being exposed to on Saturday mornings.

Remember when Saturdays meant waking up at 6:30 in the morning so that you wouldn't miss a minute of "The Superfriends" or "Hong Kong Phooey?" Remember being entertained by real heroes like Squiddley Diddley, Morroco Mole, Inch High Private Eye, and MacGilla Gorrilla? Just the thought of Captain Caveman, Felix the Cat, Tennessee Tuxedo, and his fat pal Chumley sitting around watching the indigent, haunted little mutants of today's cartoons struggle through their little adventures just makes me sick. Where's Underdog when you really need him?

Just flip through the Saturday morning listings and you'll see what I'm talking about. It's a disgrace.

At seven o'clock, CBS airs something called "Hello Kitty's Furry Tale Theatre". It sounds like a bunch of x-rated felines who dance around for a half an hour singing suggestive songs to little children. For God's sake, find a real show and put this thing on HBO at about three in the morning.

If, for some off-the-wall reason, this isn't for you, NBC presents the "Adventures of the Gummi Bears" opposite it. Gee, and I thought all Gummi Bears were good for was getting wet and throwing them on the cafeteria ceiling. Boy was I wrong. It seems they also go on adventures. All I can say is that I'm glad they're the good guys, because although silver bullets kill werewolves and wooden stakes can get rid of vampires, scientists have yet to end the threat of "evil little gummi-guys".

When that's over, the "Smurfs" come on for 90 minutes. That's right, an hour-

and-a-half of everyones favorite little blue people. I know that it's just TV, but these things scare me. Now, everytime I go outside I get the feeling that I'm going to step on an entire village of four inch tall elves. Hopefully one day this whole Smurf-thing will blow over, but until then I'll live in fear.

Another show that catches the eye is one called the "Little Clowns of Hap-pitown". My *TV Guide* calls it a "story of a town where everyone's born a clown and has a mission to spread happiness." Goodness, I'm so happy I could barf all over my big red Bozo-shoes.

Well, after our clown friends are done putting a smile on your face, you can see "My Pet Monster". Y'know, I remember a time when monsters were mean, horrible vehicles of death. Not anymore though, because now we have to give them cute names, make them fetch our slippers, and, yes, even train them to go on the newspapers and not in the dining room. Hey, I don't care about his, but what will Japanese movie companies do now that all those bad monsters have become so personable.

Finally, some NBC show called "Foofur" got my attention. Let me repeat that name. "Foofur". Say it a couple of times. It sounds nice, doesn't it? It sounds so cute. It also sounds like something you might spit-up if you eat too much over Thanksgiving. "Honey, wear a bib! You don't want to get any foofur on your new tie!"

Wouldn't it be great to see a bad guy like Boris Badanoff or Simon Bar Sinister come out of retirement to take over the world against this ridiculous opposition. I guess they really missed the boat.

"I can't take it any more, Sherman. Set the way-back for 1977. Get me the hell out of here."

"Yessir, Mr. Peabody."

Oh, if only it was that easy.

Big back-to-school quiz

by Andy Behrens

Okay kids, take out a number two pencil. Today we'll be taking a little pop-quiz.

In her recent book, Vanna White revealed:

- a) that she's on her feet for a good 45 minutes each and every day;
- b) that many of her darkest fantasies have little or nothing to do with vowels;
- c) that Pat is really an inflatable pool toy;

By moving prime-time to 6:30, NBC has:

- a) let Suzanne Somers back into TV by sleeping with big-time executives;
- b) started a new age in television history;
- c) given the stage hands more time to clean up all the Alf-droppings;

Mike Ditka hasn't done a commercial for:

- a) at least 20 minutes;
- b) Fruity Pebbles;
- c) Care-Free Curl, but that's it.

The highlight of the Pope's recent visit to America was:

- a) the Pope spending time with red-neck white trash in Texas;
- b) Nancy Reagan telling Polish jokes at the big White House weenie roast;
- c) Jim Baker stealing the Pope-mobile to go cruise babes.

Michael Jackson and bad things go together like:

- a) peaches and motor oil;
- b) Snow White and the Keebler Elves;
- c) Wilber Marshall and Willie

Nelson;

Video rentals are so popular because they allow the viewer to watch a movie while:

- a) being naked;
- b) not paying the high price of a box of "Goobers,"
- c) drooling without a bib

Jon Bon Jovi gets his hair cut:

- a) after washing it in the oven;
- b) as often as he takes a shower;
- c) because he likes to be a well-groomed guy;

Fawn Hall is:

- a) one hell of a receptionist;
- b) Bambi's daughter;
- c) Whitney Houston's evil twin;

Madonna will put out a good movie when:

- a) the school librarians release an aerobics video;
- b) William Perry does Calvin Klein commercials;
- c) Rudy from the "Cosby Show" becomes a glamorous porn-queen;

President Reagan's first acting job was:

- a) as Captain Merrill on "The Love Boat,"
- b) playing Tony the Tiger in the Frosted Flakes commercial;
- c) as the monkey on "B.J. and the Bear."

Alright, put your writing instruments down and pass your quiz to the front of your row. I hope you at least passed or heads will roll, dammit!!

How fast is fast?

	TIME IN MINUTES	COST BURGER, FRIES, COKE
McDONALDS	4: 20	\$2.10
BURGER KING	6: 10	\$2.23
WENDY'S	5: 20	\$1.96

by Julie Pollastrini

The bell to third hour signals throughout the school. You finish up writing down the day's homework, which the teacher always waits to assign until after the bell rings, grab your books, and dash down the hall to your locker. You have off campus lunch and you know if you don't get out of the building soon, the paraprofessionals will give you a hassle.

Finally you reach your car faced with possibly the biggest decision of the day. Where will you go for lunch? The time is ticking away. The choice must be made. Which ever restaurant you choose should have fast service. The average student going out to lunch has approximately five to ten minutes to eat in order to be back in time for fourth hour.

The top three most popular restaurants in West Chicago are Burger King, McDonald's and Wendy's. They are also the most competitive, but which one really does serve the fastest food?

Is Burger King a good choice?

Upon walking in the door of Burger King, you place your order, consisting of small fries, a small coke, and a hamburger. There are two registers in the restaurant, but only one is ever in use. That one now prints out \$2.23. After placing that order, you move over to the pick-up area. Six minutes later, the "fast" food arrives.

Does McDonald's serve their food faster?

McDonald's is set up differently. There are about eight registers on the counter. At least four are always running during a rush. Four and a half minutes after placing your order, the meal is all on the tray placed before you. The same meal purchased from Burger King only cost \$2.10 at McDonald's.

Can Wendy's top McDonald's?

It most certainly can and did! Once you locate the correct entrance door, you walk in to find only one register. You place that same, famous order (small fries, a small coke, and a hamburger). The register reads \$1.96. You walk over to the "pick-up" area and within two and a half minutes, you can begin to get down to some serious eating. So not only does Wendy's serve the fastest food, but also the cheapest.

People go to fast food restaurants all the time for many different reasons. The craze over these fast food chains is mostly centered around the idea of a quick meal. Do all these people just come for the convenience or do they really enjoy the food? Think about it. The last time your parents asked you where you wanted to go for dinner, what did you answer?

Fast food bonanza

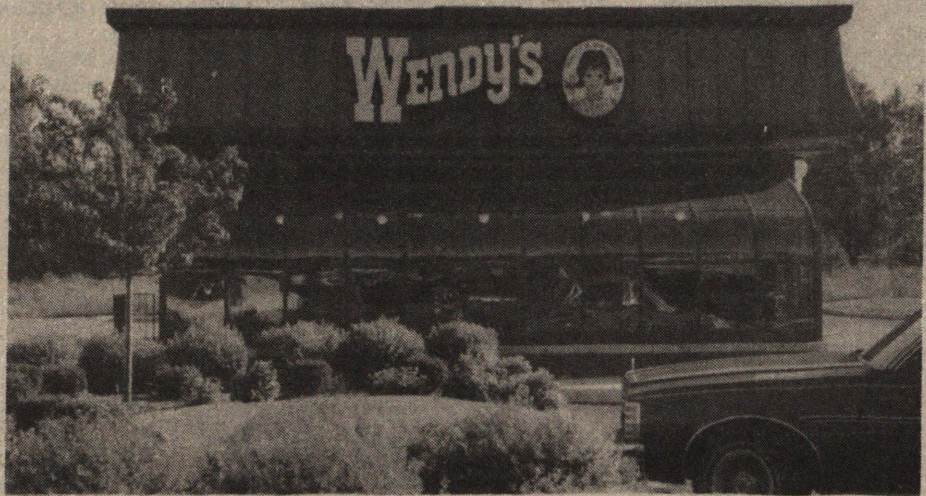


Photo by Ismael Rios

In the fast lane

by Kelly Day

When I was asked to write a review of the food from a couple of the fastest food restaurants in West Chicago, I was a bit apprehensive. Who was I to judge America's favorite foods? So, instead of criticizing the food to a certain extent, I decided that it would be better to give you the facts and let you decide for yourself.

Lets begin with the best part of fast food — the french fries. I compared Wendy's and McDonald's fries and came to these conclusions: If you're looking for hot, greasy, limp fries then your best is McDonald's. On the brighter side, McDonalds gives you more fries and they are less salty. As for Wendy's fries; they are hot, crispy, and less greasy. They also contain more salt and the box holds less fries.

On the meatier side of this subject, we have the hamburgers. I ate a McDonalds Quarter Pounder and a Wendy's Single. Both burgers are grilled, yet that's where the similarities end. The McDonalds hamburger was round, well done, and the bun tasted bitter. The Wendy's burger was square, pink inside, and the bun was small. The best thing about Wendy's is that the burgers are made from fresh meat and McDonalds burgers are made from frozen patties.

As for the people who, like me, have to watch their money, I found the Wendy's Meal less expensive, but as for what you want to eat, you can decide for yourself. Hopefully, this article has proved a point, there's more to fast food than just eat and run.

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Photo by Ismael Rios



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The art of advertizing

by Cory Edison

Trying to avoid your five hours worth of homework, you slump onto the couch in front of the ever-popular television. Suddenly, on the tube flashes a thirteen inch mouth-watering hamburger with a side order of fresh hot fries and refreshing cold soda — wouldn't you want one just about now?

Advertisers of McDonalds, Wendys, and Burger King design commercials to make you aware of their name and what products they have to offer. They also influence your "hunger pangs" by subconsciously increasing them as you view an appealing commercial.

On an average, McDonalds has over a hundred advertisements a channel per day on television. Imagine all the other ads they must have on billboards, in magazines, on radio — the possibilities are endless.

Senior Scott Barclay goes to Wendys at least twice a month. He feels "The commercials influence you to go out and get some. They center around your hunger."

Another Wendys customer, Clint Wadsworth, a junior, remarked "The commercials make me want to go there...an alternative other than McDonalds."

While freshman Amy Dyba said that the commercials do not really have an impact on her, another freshman Espril Coronel feels that commercials affect people in certain ways "according to the person and the mood they are in. If you are hungry they will make you feel hungrier. If they make you want to go out, you might go out and stop at the restaurant later. It depends entirely on the person."

So "where's the beef?" It is in all of those commercials the advertisers cooked up to influence all those television viewers and radio listeners. It may or may not be worth the trip.

Where's the nutrition?

by Yvonne Schotzer

Would you order a chicken sandwich or a triple cheeseburger if you knew they contained as much fat as a pint and one-half of ice-cream? I doubt it. America has become increasingly fat conscious over the past years. We try to use margarine instead of butter and we fry food in vegetable oil. So when we go to order something healthy at a fast food restaurant — it's usually a fish sandwich or chicken nuggets. All while under the naive assumption that they too have been carefully cooked in Polyunsaturated vegetable oil.

Wrong, they haven't, they've been smothered in beef tallow. WHAT'S THAT???? Beef tallow is the fat trimmed from meat cuts (like that steak you had last Sunday) and melted into shortening. This is the worst kind of fat your body can possibly take in. It actually forces the body to produce cholesterol and decreases its natural ability in breaking down fats.

Restaurants tend to mix vegetable oil in with beef tallow so that advertisements can take advantage of the "healthy blend" of oils used in the frying of our nutritious hamburgers. This way, it seems "healthier" to order a quick burger and it looks better to the consumer. But nowhere does it say that beef tallow by itself is more saturated than lard.

The McDonalds chicken nuggets are a good example of this. Because they contain chicken, they are often perceived as "healthy" fast food items. It startles a lot of people when they find out that six of them actually contain 21.3 grams of fat, plus, those french fries that are always included (11.5 grams of fat) and not to mention one of Ronald's shakes. The whole healthy deal works out to about 43 grams of fat-and that doesn't even include a sundae or that extra cheeseburger. Considering that a person should only take in 30% of his/her calories from fat-that one meal almost covers the daily allowance. Finally, the Wendy's triple cheeseburger contains 68 grams of fat. Whoa. One gram more than anyone should eat in an entire day?

So the next time you want to indulge in the fine pleasures of fast food, remember that the Burger King chicken sandwich contains 42 grams of fat-equivalent to a pint and a half of Sealtest ice-cream...and maybe go home and have a salad.

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Sex Pistols and Elvis both dead

by Matt Szesny

This year, rock music celebrated a momentous 10-year anniversary that confused me. It was, as anyone who watches Channel 32 must know, the tenth anniversary of the death of Elvis Presley. The occasion sent thousands of loyal but toothless fans flocking to his palace of perversity, Graceland, to pay their respects. While I have a grudging respect for the influence Presley had on latter-day musician I can't see how anyone could idolize a grossly overweight pill-head who flew to Denver one night just to satisfy a craving for what he called "the best peanut-butter and jelly sandwiches in the world." Sure Elvis. Whatever you say.

What confused me was the complete disregard for another tenth anniversary which had more important cultural and musical impact than the King croaking in the john. The anniversary was the tenth of the releases of perhaps the most famous punk record ever made, **Never Mind the Bollocks, Here's the Sex Pistols**, which *Rolling Stone* has called the second most important album in rock history.

Punk was born out of the severe economic turmoil of Great Britain in the mid-70's, particularly the widespread unemployment that hit Britain's working and lower-middle classes. Youths who saw no future for themselves invented a form of music to express their frustration at the British situation. Their proposed solution was often complete anarchy, or at least the destruction of everything that stood for the generation they thought responsible for the lack of jobs. The punk movement's general nihilism also extended to major pop stars. Abuse was frequently dished out on such "dinosaurs" as the Rolling Stones, Rod Stewart, and Led Zeppelin. Young bands felt that these groups were only crowding the scene and banking off their established names.

The dress of the punks was what first alerted curious Americans to what was

going on across the Atlantic. Most Americans first laughed it off as those cute English inventing another fad, but when the punk's anti-USA beliefs became apparent, most Americans tried to forget they existed. Punks blended leather with plenty of spikes and multi-colored hair with objects of self-abuse, such as safety pins through the ears and nostrils. Yes, the punks were definitely a fun group to talk about, especially among apprehensive, conservative parents.

The first definitive punk band to hit Britain was one comprised of John Lydon on vocals, Glen Matlock on bass, Steve Jones on guitar, and Paul Cook on drums. They were the pet project of bondage-shop owner, Malcolm McLaren. McLaren wanted to have the band write incredibly offensive songs, perform obscene and unthinkable acts in public, and then have people pay for the thrill of being scandalized. He dubbed the band the Sex Pistols, and Lydon was renamed Johnny Rotten. The band was off and running.

Within several weeks of the release of the Pistols first single, the roaring "Anarchy in the U.K.," the group was dropped by two record labels, banned from airplay on the BBC and from appearing at all but three of their twenty-three scheduled concerts, and dropped their bass player, supposedly because Glen Matlock's love of the Beatles.

Matlock's replacement was John Ritchie, an old school friend of Lydon's. Ritchie had just quit his post as vocalist of another London punk group, the Flowers of Romance, and upon being rechristened Sid Vicious and handed a bass guitar, became a Sex Pistol.

The release of *Never Mind the Bollocks* was greeted cautiously by American record buyers too comfortable with the cozy sounds of the Eagles and Elton John to "waste" six bucks on something made by guys with names like "Rotten." It only reached Number 106 on *Billboard's* "Hot 200" after its October 23, 1977 release.

After the final date in the Sex Pistols tour of America, which carefully avoided media centers like New York and Los Angeles, Lydon announced the break-up of the group on January 14, 1978. Malcolm McLaren had pulled off his scheme, and suckered the Americans into it as well as the British.

That, in a nutshell, is the Sex Pistol's story. *Never Mind the Bollocks*, despite its original showing, has sold over 575,000 copies since 1978. There are still occasional items in the paper about the group suing Malcolm McLaren for embezzlement of the group's earnings, but only Lydon, as he is now known, pops up about once a year with a new record by his abrasive band, Public Image Ltd. Steve Jones kicked alcoholism and drug addiction and has a new album titled *Mercy*. He is also currently in an ad for *Rockers Against Drugs* on MTV. Paul Cook and Glen Matlock are currently living off royalties from their Sex Pistol days.

Sid had the most famous and sad life following the band's breakup. He overdosed on sleeping pills while en route to New York a few days after the group's last show, but recovered. He was arrested in late 1978 for the murder of his longtime girlfriend, Nancy Spungen. After spending several months in Riker's Island Correctional Facility, he was paroled because of lack of substantial proof that he killed Nancy. On February 2, 1979, after undergoing detoxification for his heroin addiction John Ritchie died of a heroin overdose in the apartment of his new girlfriend. He was twenty-one years old.

So why is Elvis so revered instead of, say, Sid? Elvis and Sid had similar amounts of musical talent. Anyone who thinks Presley wrote the majority of his own songs is sadly mistaken. They were both completely out of control and had severe problems with drugs. Both Elvis and Sid were incompetent, Sid more openly than Presley. Sid may have had a



dumb name, but he wasn't the one making movies like *Girls, Girls, Girls* and *Clambake*. Sid just needed a cool place to unwind like Elvis had. Maybe Sid's could be called Strung-Out-Land.

Anyway, no one can demand that you try anything. I can only hope that you are open-minded enough to get out and try some of the other kinds of music. After reading this, maybe the choice between **Elvis Sings Gaelic Folk Dirges** and **Never Mind the Bollocks, Here's the Sex Pistols** will be made easier.

Stupid and talentless fight for title

by Andy Behrens

Like any real American, I watched the recent Miss America pageant which took place September 19th in Atlantic City. Once a year for the last 50 or so years, we've crowned a new pretty, but for the most part talentless woman to represent our country. She is, of course, one of the most influential people in all the world. The list goes something like the following: Reagan, Pope, no-talent babe. Thankfully, this year we have a new Miss America to hold up this fine tradition.

I think, however, that the entire contest should be a little bit more carefully examined. Oh my, it seems I've committed an embarrassing little fauxpas. It's not a contest, but rather a scholarship competition. Boy, I just get this feeling that the fat, beer-drinking slob who watch this pageant while not wearing any pants have just a little bit more on their minds than furthering Miss District of Columbia's education.

When the pageant's televised portion begins, the race is already narrowed down to only ten contestants. The first part of it, the swimsuit competition, is really the only part that matters to anyone. It's important because this is where all of that great exploitation takes place. For my money, there's no better entertainment to be found than ten basically naked college women prancing about a flashy stage.

Although this is the most entertaining part, the talent exhibition is really much more fascinating. By watching this, we find that Miss Louisiana is so talented that she is not only a ventriloquist, but a ventriloquist who can make her dummy yodel. What a great catch she'd be.

Miss Michigan was also a show-stopper. She did an entrancing hula dance.

Y'know, when I think Michigan, I tend to think of those white beaches, swaying palm trees, and hula dancing natives that they're so famous for.

One girl even won a \$3000 scholarship for her baton twirling wizardry. She'll turn a few heads on campus.

"Hey baby, what's your major?"

"I throw a stick."

"The homework load must be hell."

After they're done being talented, the show hits its final leg, the evening gown contest. These women train for months to learn how to wear a dress. Hey, I don't like to brag but I could tie both of my shoes when I was five. Double knots and everything, but like I say, I'm not one to brag.

I don't want to give the impression that all of the competitors are brainless and totally untalented. Just 49 of them. Miss Mississippi, Toni Seawright, was an incredible singer. She however, could only make fourth runner-up.

Miss Louisiana, our ventriloquist, was first runner-up while the hula-lady, Kaye Lani Raye Rasko, was the winner. I guess the only thing to do is to wait for nude pictures to come out of her, so start digging through those photo albums right away. Who knows, you could get lucky.

What I really want, though, is for this thing to be shortened because it lasted over two hours. I have a few suggestions that would cut the time to a half an hour or less and still keep it just as challenging. The ten contestants can take five minutes for a short I.Q. test, and should anyone somehow score higher than, say, a hammer, they automatically win.

Then they can have a bubble blowing competition lasting about seven minutes, and then they'll be given 15 minutes just

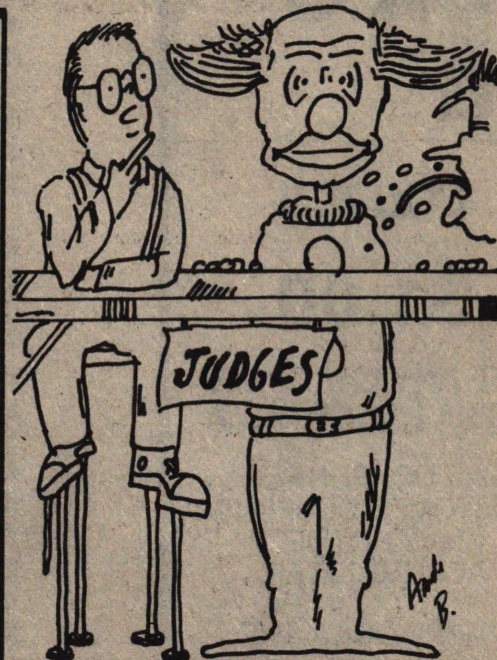
to be sluts. Three more minutes for voting and we've got ourselves a winner. It's just that simple. Within five years all of the participants join some radical, lesbian terrorist group anyway, so what's the difference?

Say, I wonder if any Big-Ten schools offer a special scholarship to a lesbian who looks good in a grass skirt? I guess all of you who fit that description shouldn't get your hopes too high.

Oh, I agree. Hula dancing is quite a lost art. If only we had a mime...

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Foreign Involvement in Sports

by Jerry Madsen

Senior Erica Grahn, 17, is an exchange student from Gothenburg, Sweden. While at We-Go, one of Erica's activities is golf.

Grahn is no stranger to the game, this will be her third season of playing. "I became interested in golf because my brothers and friends played." Grahn, in order to play, became a member of a golf club. "You have to wait seven years to be a member because golf is growing in popularity," she said. When asked how often she played, Erica told me that because of the long wait and the number of people, she did not get to play as often as she would like to.

"Here, you get more opportunities to play on the course as a member of the team." She really enjoys the playing here and has made many friends. "My teammates are very nice."

The season ends on October 14. I asked about her school's team in Sweden and she said, "The same group of girl's play each sport together throughout the year." However, she does not plan on playing any winter sports as she might in Gothenburg. "I have always wanted to play tennis, and I may play it in the spring." Grahn returns to Sweden in June of 1988.

by Kerri Spoden

Hadewych Van Gansbergh is an exchange student from Zonhoven, Belgium. While here she has joined our schools diving team.

Van Gansbergh had been interested in diving for quite a while back in Belgium and had been doing it for fun until she came to America.

"In Belgium, we didn't have diving teams so I only dove when I went swimming. Now I dive for the school team."

Before she joined the team, Van Gansbergh thought she was a good diver and was proud that she could dive. "When you join the team you realize how bad you really are." She said. "It ruins the image you had of yourself. But, then you realize you always get better so it makes you feel good."

Van Gansbergh believes "there is a definite challenge to diving. There are so

many when the coach tells you how to do a dive and not show you. That's difficult. You never know if you're doing the dive right or wrong, so you've got to keep practicing until you get it right. For example, it took me three weeks to learn a reverse dive before I had it down. Another thing that was difficult was when we had to learn seven different dives in eight hours. She also said that the competition was tough, scary, and made her nervous.

One thing Van Gansbergh wants to do is show everyone back home how much she has improved since she's been away. "If I went back there now, my diving would look great compared to the people in Belgium."

So far this year, Van Gansbergh believes she is doing "okay." "I always end up somewhere in the first half, but every-time at a meet, I break my own personal record."

Wildcat Wrestles in Germany

by Geri Pashkus

As the summer dragged by for some of us, it was full speed ahead for others. The latter seemed to be true for Senior, Hector Gomez.

Gomez spent two weeks of his summer training and wrestling in Germany. He wrestled in Munich, and Essen as well as Dusseldorf. Although there is an eight hour difference in time Gomez said jet lag didn't affect him or his wrestling.

Even though he was wrestling on the college level, 21 year olds, and the wrestling style varied, he won all of his matches. "Germans aren't as aggressive," said Gomez.



The Girls in Bath



Big Ben in London



Pictured Traci Knutson
Photos by Renee Manning

Volleyball in Europe

by Jill E. Swan

Last December, Traci Knutson and Renee Manning, juniors, tried out for a volleyball traveling team at Concordia College in Oak Park. Both girls were successful and left to visit four countries in Europe for three weeks on July 19, 1987. They traveled with the Continental teams with a total of forty girls on four teams.

After their long airplane trip from Chicago to New York City and on to London, the girls took a bus to Upland, a suburb of London, where they spent the next week. In England, the teams spent a lot of time practicing, but they did get to do some sight-seeing. Among the highlights were Windsor Castle, Buckingham Fountain, Hard Rock Cafe, and the punks around Big Ben. They were also in an outdoor tournament in Bathe, England. It lasted two days with twenty-two teams

participating. Renee feels that the highlight of her trip was enjoying the countryside of Bathe and playing in the rain for part of the tournament.

After their stay in London, the teams took an overnight ferry to Denmark. There was awesome dancing all night long, according to Traci, who commented, "It was so much fun." In Denmark the teams were treated like royalty because they were the first American teams to have traveled there. They played in a club tournament with four other teams. The friendliness of the people and their interpreter made their four day stay in Copenhagen enjoyable.

The next stop on the trip was West Germany. The teams visited the towns of Hamburg and Osnabruck. All the schools were closed, so they had to obtain special permission to open one up to play a

tournament.

After four days in West Germany, the teams traveled to a town an hour out of Amsterdam, Holland. Here they played in a tournament that had better competition and a nice facility. They were also able to visit a diamond factory and the Hard Rock Cafe in Amsterdam, as well as other sights. The girls then returned to London for a one night stay and arrived safely back in Chicago on August tenth.

While traveling the teams stayed in hostels. Hostels are low-cost hotels for travellers and similar to dorm rooms. There were usually four to five girls in a room, but sometimes ten. At all the hostels they ate family-style with bread being served at every meal. The girls tried different foods and Traci found the ice cream to be fantastic. However, the pizza

Ayres Goes to Scotland

by Teri Blum

Over the summer Rick Ayres, a junior and a member of the golf team, played golf. He did not play just anywhere. For ten days in August Ayres played in Scotland and London.

Ayres went to Scotland for a long needed and waited for vacation. His main goal was to see the courses and play golf. Though he did get some sight seeing in.

The course that Ayres liked the best was located in Turnberry, Scotland. The name of the course was Turnberry. Ayres played here three times, his best scores were 85 and 87. The reason he liked this course was because it was right next to the ocean. He said it was very beautiful. Paul McCartney's farm was visible from the golf course.

The famous St. Andrews golf course in Scotland was where he got his best score, an 84. Ayres stated, "The course looked old, there were no trees but a lot of weeds." The British Open also takes place on this course.

Ayres played on the course Prestwic, where he shot an 87. Ayres stayed in Edinburgh, the capital of Scotland. From there he travelled to London, where he played on the Sunning Dale golf course.

As well as playing golf, Ayres did some sightseeing; he saw castles and drank some beer; "There were a lot of pubs, but no McDonalds."



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Jacobsen's

Homecoming victory

by Hardy Murfree

We-go recorded a victory against the Glenbard South Raiders in The Homecoming game Friday, October 2, with a score of 18-13. The winning touchdown was rushed by Ken Spielman in the fourth quarter. West Chicago's overall record so far is 3 wins, 2 losses.

We-go received, taking possession at their own (minus) 18 yard line. Two minutes into the first quarter, Tyrone Parks, who averaged 11 yards per carry totaling 168 yards, sped 63 yards putting the Wildcats ahead 6-0.

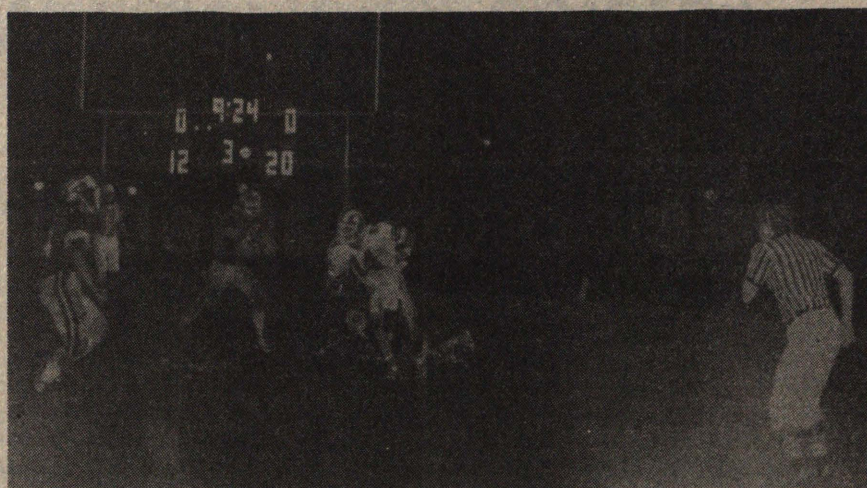
Albert Zungolo (quarterback) of the Raiders on his first pass threw an interception (1 of 3). After gaining a first down, the Wildcats fumbled (both teams had three). A Raider's defensive player picked up the ball and raced 89 yards to cross the goal line. Kicking the extra point, Glenbard South took over the lead, 7-6. In the duration of the kick-off, Rory Gallagher of We-go fumbled at the Raiders' 32 yard line. Glenbard South drove the ball 32 yards on eight plays to add six points. The first quarter ended 13-6 Raiders.

Ron LaCour, who completed 4-14 passes for 50 yards, tossed two consecutive incompletes resulting in a punting situation. Following a turnover by fumble to West Chicago, Parks rushed 36 yards for his second touchdown with 6:23 left in the third quarter.

Both teams proceeded, leaving the score unchanged during the final six minutes of the third quarter. Entering the

"fourth," Brent Smith seized a pass from LaCour to gain 13 yards. LaCour then carried twice 20 yards obtaining a first down at the plus 25 yard line. Parks "diagonalled" to the left side 15 yards for a pass. Possession changed twice on fumbles. West Chicago covered the fumble on Glenbard South's nine yard line with 7:36 left in the fourth quarter. On second down six yards from the end-zone, LaCour handed off to Spielman. He quickly cut outside, broke a tackle and charged in for the six.

The Raiders took custody of the ball three times and failed all three. Time expired: West Chicago defeating Glenbard South 18-13. We-go backed up their win gaining 263 total yards to Glenbard South's 206.



Photos by Steve Yuroff



Al Jordan listens to Trainer Tom's Hall advice.

Wildcat Sports Schedule

Football

Fri. Oct. 16 Wheaton North	H	5:30 & 7:30pm
Fri. Oct. 23 N.C. (Sr. Parent's Nite)	H	5:30 & 7:30pm
Sat. Oct. 31 Glenbard North	A	11:00am & 1:00pm

Soccer

Tue. Oct. 13 Glenbard North	H	6:30pm
Thu. Oct. 15 DVC Playoffs begin	TBA	

Golf

Tue. Oct. 13 Sectionals	TBA
Fri. Oct. 16 State Finals	TBA

Cross Country

Sat. Oct. 10 Benet Invite	A	9:00am
Fri. Oct. 16 DVC meet	A	3:30pm
Sat. Oct. 24 Regional	A	TBA
Sat. Oct. 31 Sectional	A	TBA

Girl's Swimming

Tue. Oct. 13 Elgin	A	5:00pm
Tue. Oct. 20 Morris	A	6:00pm
Fri. Oct. 23 W.V.I. (Diving)	A	TBA
Sat. Oct. 24 W.V.I. (Swimming)	A	TBA
Thu. Oct. 29 Waubonsie Valley	H	5:00pm

Girl's Tennis

Fri. Oct. 9 DVC Tourn (N.C.)	A	3:00pm
Sat. Oct. 10 DVC Tourn (N.C.)	A	9:00am
Tue. Oct. 13 St. Francis	A	4:00pm
Fri. Oct. 16 Sectionals begin	TBA	

Volleyball

Sat. Oct. 10 Naperville Central	A	10:00am
Tue. Oct. 13 Glenbard North	H	5:30pm
Thu. Oct. 15 Glenbard South	H	5:30pm
Tue. Oct. 20 Wheaton Central	A	5:30pm
Thu. Oct. 22 G.E. (Sr. Parent's Nite)	H	5:30pm
Tue. Oct. 27 Regionals begin	TBA	

Jock Shorts New Records Set

by Shari Murray

Jackie Hildebrand and Carol Petusky both broke school and class records for the swimming team. Hildebrand took a first in the 200 individual medley with 2:15.82, six seconds better than her old record. Hildebrand also had a seasons best with a 5:37.22. Carol Petusky broke the school record in the 100 backstroke with 1:05.88. She set a class record in the 100 fly with a 1:05.05.

Winning Season for Swimming Team

by Kelly Lee and Carrie Ryan

Wildcat Swimmers are off to a winning start this season. So far their record is three wins and one loss. This was to Benet Academy 85-87. They placed fourth out of 8 teams at the Wildcat Invitational.

Denise Sahly is leading the girls to victory. Sahly started coaching the boys team last year and this year she has taken over the girls team. Coach Sahly said "One thing about coaching both teams is it makes one long season from August through February." Swimming takes up a lot of Coach Sahly's time but, she "enjoys it."

Although the team is small in number this year, due to loss of seniors, Sahly thinks all of her swimmers are talented. Jackie Hildebrand, a senior, has already hit the state qualifying time for 200 I.M. Hildebrand is expected to go to state if she does well at sectionals in November. Carol Petusky, a freshman, has already broken the frosh and school record for the 100 yard backstroke. Sahly says her time can be dropped in dual meets if she stays healthy. Petusky also has broken the frosh record for the 100 yard fly. Along with the Swimming team is the Diving team coached by Shari Miller. Three new drivers are out for the team, Haddy Van Gransberghe, a senior, Jenny Bird, a junior, and Teresa Johnson, a freshman.

